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(54) Title: A HIGHLY SENSITIVE IMMUNOCYTOCHEMICAL METHOD FOR DIAGNOSIS OF MALIGNANT EFFUSIONS		
(57) Abstract <p>Disclosed is a method of detecting malignancy in a body cavity effusion. Also disclosed is a method of distinguishing a benign hyperplastic lymph node from a lymph node involved by a low grade follicular lymphoma. Also disclosed is a method of distinguishing a benign tumor from a malignant tumor which overexpresses GLUT-1.</p>		

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A HIGHLY SENSITIVE IMMUNOCYTOCHEMICAL METHOD FOR
DIAGNOSIS OF MALIGNANT EFFUSIONS

Related Applications

This application is a Continuation-in-Part of U.S.
5 Patent Application Serial No. 08/473,434 filed on June 7,
1995, the entire teachings of which are hereby incorporated
into this application by reference.

Background of the Invention

Abnormal collections of fluids in a body cavity of an
10 individual, referred to as effusions, are often caused by
malignant tumors. An effusion can also be the first sign
that a tumor which had been surgically removed or had
undergone remission is metastasizing. However, an effusion
can have many causes that are unrelated to cancer, e.g.
15 heart failure, liver dysfunction and pneumonia. Presently,
the standard method of determining whether an effusion is
caused by a cancer from an effusion resulting from other
causes is to remove some of the effusion fluid, isolate the
cells contained therein, and examine the cells
20 morphologically. However, this method of diagnosis leaves
a significant percentage of cancers undetected. A more
reliable method of determining whether an effusion is
cancer-related would allow earlier intervention with
treatment and can increase the likelihood of better
25 clinical outcomes.

In many cases it is difficult to determine whether a
tumor or nodule is malignant without surgically removing
the suspected tissue. For example, when a thyroid nodule
is detected, one method for distinguishing benign from
30 malignant nodules is cytologic examination of cells
obtained by fine needle aspiration (FNA). Routine

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cytologic examination of FNA specimens is, however, far from satisfactory. Even when adequate specimens are obtained the cytologic report is often indeterminate because of the inherent inability of routine cytology to distinguish benign from malignant follicular neoplasms (adenoma vs. carcinoma) when a microfollicular pattern is seen. This frequently leads to surgical excision of these nodules, the majority of which are ultimately found to be benign (Mazzaferri, E.L., New Engl. J. Med. 328:553-559, 1993). In addition, concern about false-negative reports when the cytologic diagnosis is benign may also lead to surgery. As a result, the majority of patients who have thyroid surgery for nodules turn out to have benign disease, even with the extensive use of FNA and routine cytology (Mazzaferri, E.L., Am. J. Med. 93:359-362, 1992; Cusick, et al., Br. Med. J. 301:318-321, 1990). Consequently, there is a need for a more accurate method of distinguishing between malignant and benign tumors prior to surgery.

20 Summary of the Invention

The present invention is based on the discovery that cancer (malignant) cells in body cavity effusions can be detected and distinguished from noncancer cells by immunostaining of the transmembrane glucose transporter protein GLUT-1 in malignant effusions. As discussed herein, GLUT-1 is overexpressed in many malignancies. Sites of origin of GLUT-1 positive malignant cells in effusions included ovary, lung, breast, biliary tract, endometrium, and carcinomas of unknown primary.

30 The degree of GLUT-1 overexpression can also be used as a prognostic indicator. It has been found that the degree of GLUT-1 overexpression in cancerous tumor cells correlates with the degree of aggressiveness of the tumor. Thus, the degree of GLUT-1 overexpression can be used as an

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aid in determining the prognosis of individuals with a cancerous tumor which overexpresses GLUT-1. For example, colon cancer patients were found to be about 2.4 times more likely to die from the disease when more than about 50% of the cells in a tissue sample obtained from their tumors stained positive for GLUT-1 than when less than about 50% of the cells stained positive for GLUT-1 (Example 3).

It has also been found unexpectedly that GLUT-1 is underexpressed in neoplastic follicles from low grade follicular lymphomas compared with benign hyperplastic lymph nodes. Consequently, these lymphatic malignancies can be identified by diminished or absent GLUT-1 immunostaining of follicles.

Another aspect of the present invention is a method of distinguishing between malignant and benign tumors based on assessment of expression of transmembrane GLUT-1 in cells from tissue samples. That is, overexpression of transmembrane GLUT-1 has been shown to aid in distinguishing between malignant and benign tumors; overexpression can be identified by immunostaining or by quantitating the amount of GLUT-1 mRNA produced by the tumor cells. It is also possible that GLUT-1 DNA can also be assessed, for example by identifying multiple copies of the gene or mutations in the control region. Cancers which overexpress GLUT-1 include ovary, lung, breast, biliary tract, endometrium, squamous cell carcinoma of head and neck origin, leiomyosarcoma, kidney, thyroid, bladder, colon and carcinomas of unknown primary.

The present invention is a method of assessing malignancy in a sample of cells or cellular material, e.g. a tissue sample or effusion, taken from an individual to be assessed for the presence of malignancy. The degree of GLUT-1 expression in the sample is assessed and compared with the degree of GLUT-1 expression in an appropriate

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standard or control having a known GLUT-1 expression characteristic.

In one embodiment, the present invention is a method of detecting malignancy in a body cavity effusion. A
5 cytologic preparation, e.g., a cell block, smear or centrifuge specimen, is prepared from a body cavity effusion, thereby producing a test preparation. The level of GLUT-1 expression (i.e., in the test preparation) is then assessed. The level of GLUT-1 expression in an appropriate
10 control is compared with the level of GLUT-1 expression in cells in the test preparation. The control is a cytological preparation produced from a benign body cavity effusion; GLUT-1 expression in cells in the control is assessed and is the level of GLUT-1 expression to which the
15 GLUT-1 level in the test preparation is compared (the effusion being assessed). A lower level of GLUT-1 expression in the control compared with the level of GLUT-1 expression in cells from the effusion being assessed is indicative of malignancy in the body cavity effusion being
20 assessed. Because cells in benign effusions typically express little or no GLUT-1, positive GLUT-1 expression in the test preparation, as indicated, for example, by positive immunostaining for GLUT-1, is indicative of malignancy in the effusion. Established laboratory or
25 clinical methods can be used to confirm assessment of cells as malignant or benign.

Another embodiment of the present invention is a method of distinguishing a benign hyperplastic lymph node from a lymph node involved by a low grade follicular
30 lymphoma. In this embodiment, a tissue sample is obtained from a section of a lymph node suspected of being involved by a low grade follicular lymphoma. The level of GLUT-1 expression in the cells from the tissue sample is assessed. The level of GLUT-1 expression in an appropriate control is
35 compared with the level of GLUT-1 expression in the cells

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of the tissue sample being assessed. The control is the level of GLUT-1 expressed in cells from a benign hyperplastic lymph node. A lower level of GLUT-1 expression in the tissue sample being assessed, compared
5 with the level in the control, indicates that the tissue sample being assessed is involved by a low grade follicular lymphoma. Because cells in follicular lymphomas typically express little or no GLUT-1, the absence of GLUT-1 expression in follicles in the test preparation, as
10 indicated, for example, by the absence of immunostaining for GLUT-1, is indicative of a low grade follicular lymphoma. Established laboratory or clinical methods can be used to confirm the assessment that cells are malignant or benign.

15 Yet another embodiment of the present invention is a method of distinguishing a benign tumor from a malignant tumor which overexpresses GLUT-1. A tissue sample is obtained from a section of a tumor suspected of being malignant. GLUT-1 expression in cells from the tissue
20 sample is assessed. The level of GLUT-1 expression in an appropriate control is compared with the level of GLUT-1 expression in the tissue sample being assessed. The control is the amount of GLUT-1 expressed in the cells from a tissue sample obtained from a section of a non-malignant
25 tissue from the same tissue type as the tissue sample being assessed. A higher level of GLUT-1 expression in the sample being assessed compared with the control indicates that the tissue sample being assessed is involved by a malignant tumor. Because cells in benign tissue samples
30 typically express little or no GLUT-1, positive GLUT-1 expression in the test preparation, as indicated, for example, by positive immunostaining for GLUT-1, indicative of a malignant tumor. Established laboratory or clinical methods can be used to confirm the assessment that cells
35 are malignant or benign.

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Yet another embodiment of the present invention is a method of aiding in determining a prognosis for an individual with a cancerous tumor which overexpresses GLUT-1, e.g. determining the aggressiveness of the tumor.

5 The method comprises determining the degree of GLUT-1 expression in cells from a tissue sample obtained from the cancerous tumor and correlating the degree of GLUT-1 expression in cells from the tissue sample with the clinical outcome of the individual. The clinical outcome

10 is assessed by determining if the degree of GLUT-1 expression is above or below a threshold or thresholds which have been pre-determined to define different prognostic subgroups. A level of GLUT-1 expression which is above the threshold is indicative of a poorer prognosis

15 than if the level of GLUT-1 expression is below the threshold.

Since immunocytochemistry is relatively inexpensive and routinely used in clinical pathology laboratories, GLUT-1 immunostaining has the potential for widespread

20 clinical application.

Detailed Description of the Invention

Many types of cancer cells have markedly increased glucose utilization, resulting from a predominantly glycolytic rather than oxidative utilization of glucose, even in

25 the presence of oxygen (Warburg, O., Science 123:309-314, 1956). Because the metabolism of glucose to lactate yields only 2 moles of ATP/mole glucose, as opposed to 36 moles of ATP produced by oxidative metabolism, cancer cells are forced to increase their glucose utilization many-fold

30 compared to normal cells. Since glucose transport across the plasma membrane is rate-limiting for glucose utilization in cancer cells and many normal cells as well, cancer cells have markedly increased glucose transport rates (Hatanaka, M., Biochem. Biohys. Acta. 355:77-104,

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1974; Weber, M. et al., J. Cell Physiol. 89:711-721, 1976; Elbrink, J. and I. Bihler, Science 188:1177-1184, 1975). Indeed, transformation of cultured cells is accompanied by a five- to ten-fold increase in glucose transport and in
5 glucose transporter gene expression (Flier, J.S. et al., Science 235:1492-1495, 1987; Birnbaum, M.J. et al., Science 235:1495-1498, 1987).

The facilitated diffusion of glucose into cells is mediated by a family of five homologous proteins,
10 GLUT-1-GLUT-5, which were cloned and identified from 1986-1989 (Pessin, J.E. and G.L. Bell, Annu. Rev. Physiol. 54:911-930, 1992). The glucose transporter isoforms differ in their tissue distribution and functional characteristics. The GLUT-1 isoform is the focus of the
15 present application.

Although GLUT-1 is expressed in many organs, immuno-histochemical studies demonstrate its expression mainly in erythrocytes (red blood cells) and in cells which constitute blood-tissue barriers. For example, in brain
20 GLUT-1 is seen only in the capillary endothelium of the blood-brain barrier (Boado, R.J. and Wm. Pardridge, Biochem. Biophys. Res. Commun. 166:175, (1990)); in muscle it is found only in the perineurium of innervating nerves (blood-nerve barrier) (Froehner, S.C. et al., J.
25 Neurocytol. 17:173-178, 1988)). In addition, in routinely prepared tissue sections of skin and squamous epithelia, GLUT-1 is found in basal cells by immunostaining. However, benign parenchymal cells of most tissues do not stain for GLUT-1 immunohistochemically, even with the sensitive
30 avidin-biotin-peroxidase method.

Experimental evidence indicates that malignant cells overexpress GLUT-1. Transformation of cultured cells with *src* and *ras* oncogenes or sarcoma virus promptly increases glucose transporter protein and GLUT-1 mRNA by 5-10 fold
35 (Flier, J.S. et al., Science 235:1492-1495, 1987; Birnbaum,

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M.J. et al., Science 235:1495-1498, 1987). GLUT-1 mRNA in a variety of gastrointestinal cancers (Yamamoto, T. et al., Biochem. Biophys. Res. Commun. 170:223-230, 1990) and in hepatoma (Su, T-S. et al., Hepatology 11:118-122, 1990) is expressed at higher levels than in corresponding normal tissue. High levels of GLUT-1 mRNA (Northern blotting) and protein (immunohistochemistry) were also found in a series of head-and-neck squamous cell carcinomas (Mellanen, P. et al., Int. J. Cancer 56:622-629, 1994). An immunohistochemical study of GLUT-1 expression in breast cancer (using archival formalin-fixed paraffin sections) also found variably increased staining, whereas normal breast tissue stained only weakly or not at all (Brown R.S. and R.L. Wahl, Cancer 72:2979-85, 1993). The only other isoform which has been thought to be overexpressed in cancer is GLUT-3, based on reports of increased GLUT-3 mRNA without measurement of GLUT-3 protein (Yamamoto, T. et al., Biochem. Biophys. Res. Commun., 170:223-230, 1990; Mellanen, P. et al., Int. J. Cancer 56:622-629, 1994). However, Northern blotting for GLUT-3 mRNA has proved to be a false indicator of the presence of GLUT-3 protein in many tissues (Haber, R.S. et al., Endocrinology 132:2538-2543, 1993), and we have not detected GLUT-3 protein in immunoblots from a wide variety of human cancers.

The present invention is a method of diagnosing cancers. A "method of diagnosing cancer" can be used to distinguish between malignant and benign tissue, for example determining whether a tumor or nodule is benign or malignant. It can also be used to determine the presence or absence of cancer in an individual. For example, an effusion, which can have many other causes, is often the first sign that a cancer exists or that a tumor which had been surgically removed or gone into remission, has metastasized or recurred. The methods of the present invention can determine whether an effusion is due to a cancer whose

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primary site may be known or unknown or is due to other causes. Alternatively, the methods of the present invention can be used as an aid in diagnosing cancer. An "aid in diagnosing cancer" is used in conjunction with
5 other medical tests to determine the presence or absence of cancer in an individual or determine whether particular tissue is malignant or benign.

An effusion is an abnormal collection of fluid in a body cavity. The present method is applicable to effusions
10 from body cavities, such as the abdominal cavity (the peritoneal cavity), the pleural cavities (the spaces that line lung) and the pericardial cavity (the space that lines the heart). Methods of obtaining an effusion are well known in the art and typically involve puncturing the chest
15 wall or abdominal wall with a needle and evacuating the fluid.

A cytological preparation is a preparation of biological material from an effusion. Typically, a cytological cell block is obtained by providing a sample of an effusion
20 and concentrating the cells contained therein. Cells are concentrated from an effusion by, for example, centrifugation. After concentration, the cells are typically fixed in formalin or alcohol and imbedded in paraffin as is routinely done for tissue in surgical pathology.

As used herein, a "tissue sample" is a collection of cells taken from tissue and is used to obtain a determination of GLUT-1 expression that is sufficiently precise to distinguish malignant cells which overexpress GLUT-1 from non-malignant cells. Methods of obtaining
30 tissue samples are well known in the art and include obtaining samples from surgically excised tissue. Tissue samples and cellular samples can also be obtained without the need for invasive surgery, for example by puncturing the chest wall or the abdominal wall or from masses of
35 breast, thyroid or other sites with a fine needle and

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withdrawing cellular material (fine needle aspiration biopsy). The tissue samples can then be fixed in formalin or alcohol and imbedded in paraffin as is routinely done for surgical pathology. Alternatively, the cells can be
5 applied directly from the fine needle to a microscope slide.

An appropriate control is the level of GLUT-1 expression in cells taken from a benign body cavity effusion or a sample taken from benign tissue of the same
10 type that is being assessed. The level of GLUT-1 expression can be determined prior to, simultaneously with, or subsequent to the determination of the level of GLUT-1 expression in the tissue or effusion being assessed and is determined by the same technique as in the tissue sample or
15 effusion being assessed, for example by immunostaining. Benign effusions and benign tumors show non-existent staining to weak staining of cells; malignant effusions and tumors show intense staining of the membranes of malignant cells. Benign follicles show positive staining whereas
20 malignant follicles from low-grade lymphomas are non-staining for GLUT-1. Staining properties of benign and malignant cells differ so dramatically and thus, are readily distinguishable from one another. Therefore, in many cases a positive or negative control is not needed
25 because the staining properties of malignant cells are so distinctive. Thus, positive staining in a cytological preparation or tissue sample is generally indicative of malignancy in the effusion or tumor from which the cytological preparation or tissue sample, respectively,
30 were obtained, without the need for comparing the degree of immunostaining to a control. Similarly, the absence of staining in follicles of a tissue sample obtained from lymph node is generally indicative of a low grade follicular lymphoma in the lymph node without the need for
35 comparing the degree of immunostaining to a control.

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The levels of GLUT-1 expression from tissue samples or cytological preparation can be determined by immunostaining. The primary antibody can be, for example, a well-characterized rabbit antiserum raised against a 13-amino acid peptide corresponding to the C-terminal of GLUT-1 (Hasper, H.C. *et al.*, J. Biol. Chem. 263:398-403, 1988), obtained commercially (East Acres Biologicals). This antibody recognizes both rat and human GLUT-1 which share the peptide sequence, but does not crossreact with other GLUT isoforms, which are highly divergent at the C-terminus. Analogously obtained polyclonal or monoclonal antibodies can also be used. Bound antibody is detected by a routine avidin-biotin-peroxidase method (for example, Vectastain kit, VECTOR) or equivalent immunostaining methods. To demonstrate the specificity of staining, antiserum pre-incubated with the immunizing peptide (20 μ g/ml) is used to stain parallel tissue sections.

As described in the examples, the antiserum gave strong specific (peptide-compatible) staining of GLUT-1 in capillary endothelium in brain (blood-brain barrier), in erythrocytes, in basal cells of benign squamous epithelia, and in perineurium of peripheral nerve, all of which are sites of high GLUT-1 expression. In contrast, parenchymal cells of a wide variety of normal tissues were negative for GLUT-1. Antibody dilution can be any dilution which is useful to produce sufficient staining to enable one to distinguish malignant cells from benign cells. Antibody dilution can be, for example, 1:100 to 1:2000, and in a particular embodiment 1:500 to 1:200. In one embodiment, an antibody dilution of 1:500 was found to be optimal.

GLUT-1 expression in cell blocks prepared for routine cytology from benign and malignant pleural and peritoneal effusions has also been studied. Immunostaining methodologies were applied to the detection of GLUT-1 in cytologic preparations of body cavity effusions. Using

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standard avidin-biotin immunostaining, cell blocks were examined from 76 body cavity effusions or washings. Of 58 technically appropriate cell block preparations, GLUT-1 staining occurred in 30 out of 32 malignant effusions.

5 Sites of origin included ovary, lung, breast, biliary tract, endometrium, and carcinomas of unknown primary. Only the mesothelioma tested stained positively for GLUT-1. Characteristic staining pattern consisted of dense, linear staining of the plasma membrane, with accentuation at

10 cell-cell borders, with or without cytoplasmic staining. Specificity of GLUT-1 staining was further defined by preincubation of antiserum with the immunizing 13 amino acid peptide from the carboxyl terminal of GLUT-1. Red blood cells showed similar membrane staining, consistent

15 with previous reports. Of 26 benign effusions, 21 were nonstaining, and 5 showed rare mesothelial cells with equivocal to very weak membrane staining which was readily distinguishable from the characteristic strong staining of malignant cells and easily distinguished by benign morpho-

20 logical characteristics; at least 3 of these 5 cases were from patients with cirrhosis. In all other cases, mesothelial cells, histiocytes and other inflammatory cells were nonstaining.

These findings show that GLUT-1 immunostaining alone

25 or in a panel of markers, for example immunohistochemical or histochemical markers, can be used in diagnostic cytopathology.

Other suitable methods can be used to determine expression of GLUT-1. For example, GLUT-1 expression can

30 be determined by assessing the quantity of GLUT-1 mRNA in cells taken from a tissue sample or from an effusion. The amount of mRNA present can be assessed by methods known in the art, for example, by quantitative PCR methods adapted to measuring small quantities of mRNA, as disclosed, for

35 example, in Alard et al., Biotechniques, 15:730 (1993).

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In addition to being useful to distinguish benign from malignant thyroid disease, GLUT-1 immunostaining is useful as a prognostic indicator in individuals with colon carcinomas.

5 The degree of GLUT-1 immunostaining and its correlation to the clinical aggressiveness of other tumors which overexpress GLUT-1, e.g., breast, biliary tract, pancreas, skin, ovaries, endometrium, cervix, biliary tract, pancreas, skin, bladder, lung, head and neck
10 carcinomas and others is the basis for applying the method described herein to a wide variety of tumor types.

 An "aid in determining a prognosis" refers to a test or assay which can be used to determine the prognosis of an individual with a cancerous tumor which overexpresses
15 GLUT-1. An "aid in determining a prognosis" can be used alone or in combination with other tests or assays. As used herein, a "prognosis" is a determination of the life expectancy of an individual with a cancerous tumor in which the tumor cells overexpress GLUT-1. Alternatively, a
20 "prognosis" is a determination of the likelihood that the individual will die from the tumor or will respond to treatments for the tumor, e.g. that the treatments will result in stabilization or shrinkage of the tumor or that the treatments will result in the tumor growing or
25 metastasizing slower than in the absence of the treatments. Thus, an aid in determining a prognosis can used to identify which individuals with a cancerous tumor are likely to respond to aggressive treatments.

 The "clinical aggressiveness" of a cancerous tumor
30 refers to, for example, how quickly the tumor is growing, how quickly the tumor is metastasizing or how quickly the tumor will result in the patient succumbing to the disease. The "clinical aggressiveness" of a cancerous tumor can also refer to the likelihood that the tumor will respond to
35 treatment, as discussed above.

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The "degree" of GLUT-1 overexpression refers to the extent to which GLUT-1 is overexpressed in the tissue sample taken from a tumor which expresses GLUT-1 compared with normal tissue of the same type. The amount of GLUT-1 expressed in a tissue sample can be determined by any suitable method, for example by determining the amount of GLUT-1 mRNA in the tissue sample, or, preferably by immunostaining, as discussed above. Normally in most tissues, GLUT-1 is expressed either minimally or not at all. Thus, GLUT-1 overexpression in a tissue sample is typically assessed by determining the percentage of cells staining positively for GLUT-1 expression or by quantitating the overall intensity of the staining in the tissue sample. In tissue types which normally express GLUT-1, GLUT-1 overexpression can be assessed by determining the percentage of cells which stain more intensely than normal cells of the same tissue type or by comparing the intensity of staining to a suitable control, for example the overall intensity of staining of a tissue sample obtained from benign tissue of the same type as is being assessed. The degree to which the staining of the tissue sample is more intense than the control is indicative of the degree of GLUT-1 overexpression.

In one embodiment, the prognosis of an individual with a cancerous tumor which overexpresses GLUT-1 is determined by correlating the degree of GLUT-1 overexpression with the clinical outcome of the individual or by correlating the degree of GLUT-1 expression with predefined standards which are predictive of the individual's clinical outcome. The degree of GLUT-1 overexpression is correlated with the clinical outcome of the individual by assessing the degree of GLUT-1 overexpression, for example by calculating the percentage of tumor cells showing positive GLUT-1 staining, and determining whether the degree of overexpression is above or below a threshold or thresholds. The threshold or

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thresholds have been pre-determined to define different prognostic subgroups by taking a statistically significant cohort of patients with the same kind of cancer as the test patient for whom clinical outcomes are known, and thereby

5 establishing thresholds above or below which different prognostic subgroups have been identified. The prognostic subgroup to which an individual belongs determines the individual's prognosis, for example, the probability or likelihood that the individual being tested will die from

10 the cancer or will survive a given length of time. For example, it has now been found that an individual with colon cancer has about a 2.4 times greater probability of dying from the cancer if more than about 50% of the cells in a tissue sample taken from the colon tumor immunostain

15 positively for GLUT-1 than if less than about 50% of the cells immunostain positively for GLUT-1.

A prognosis can also be the likelihood or probability that an individual with a cancerous tumor which overexpresses GLUT-1 will respond to a particular

20 treatment. The degree of GLUT-1 expression is determined in a statistically significant cohort of patients with the same kind of cancer as the test patient, for whom the responses to the particular type of treatment is known. From these data a threshold or thresholds for GLUT-1

25 expression can be established which define different prognostic subgroups. The prognostic subgroup to which an individual belongs is determined by the level of GLUT-1 expression in the individual's tumor. Individuals belonging to the same prognostic subgroup are likely to

30 have similar responses to a particular treatment.

An individual "responds to a treatment", for example, when the individual's life is extended as a result of the treatment, compared with individuals who have not undergone the treatment. Alternatively, an individual "responds to a

35 treatment" when the individual's symptoms are ameliorated

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as a result of the treatment compared with individuals who have not undergone the treatment.

As discussed above, many cancers overexpress GLUT-1. Quite unexpectedly, it has been found that GLUT-1 is
5 underexpressed in neoplastic follicles from low grade follicular lymphomas. Tissue samples taken from lymph nodes showing neoplastic lymph follicles were observed to exhibit less immunostaining than normal follicle-like "germinal centers". This observation can be used as the
10 basis for a method of diagnosing and as an aid in diagnosing low grade follicular lymphomas. These tumors can be distinguished from normal tissue by assessing GLUT-1 expression in the follicles of the lymph node. Less GLUT-1 expression in the tissue sample than in an appropriate
15 control, e.g. the level of expression typically observed in non-malignant lymphoid follicles, or the absence of GLUT-1 expression in follicles is indicative of a low grade follicular lymphoma. GLUT-1 expression can be determined, for example, by immunostaining, as described above. Low
20 grade follicular lymphomas show less follicular staining than normal follicles in lymph node biopsies. Typically, GLUT-1 low grade follicular lymphomas can be identified by the absence of immunostaining.

The invention is illustrated by the following examples, which are not to be construed as limiting in any way.
25

Example 1 - Distinguishing Malignant Thyroid Nodules From Benign Thyroid Nodules Using Immunocytochemical Staining for GLUT-1 Glucose Transporter

Preparation of cytologic "touch prep" slides and
30 frozen histologic sections from thyroid tissue. Glass slides were coated with aminoalkylsilane to promote cell adhesion. The slides were dabbed against a cut surface of a freshly-excised tumor, and immediately sprayed with

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ethanolic cytology fixative. Routine frozen sections were fixed in ethanol.

Fine needle aspirates of thyroid tissue. Freshly-excised surgical thyroid tissue were subjected to fine
5 needle aspiration using a 22-gauge needle, 10-cc syringe, and Cameco syringe pistol. Aspirates were smeared between two glass slides and immediately sprayed with cytology fixative as for routine clinical FNA. This procedure is meant to mimic standard clinical FNA as closely as possible.
10 ble.

GLUT-1 immunostaining. GLUT-1 protein in cytologic preparations was detected by standard avidin-biotin-peroxidase immunocytochemistry. Paraffin-imbedded tissue specimens on glass slides are rehydrated through graded
15 ethanol, washed in phosphate-buffered saline (PBS), and blocked with 5% goat serum in PBS. They were then incubated with rabbit anti-GLUT-1 serum at 1:500 dilution (with or without pre-incubation of the antiserum with the immunizing peptide at 20 µg/ml to confirm signal
20 specificity). Both GLUT-1 antiserum and GLUT-1 peptide are commercially available from East Acres Biologicals (Southbridge, MA). The slides were then washed and incubated with secondary antibody (biotinylated goat and anti-rabbit 1:200). After blocking of endogenous
25 peroxidase with 0.3% H₂O₂, bound antibody was detected with avidin-biotin-peroxidase complex (Vectastain kit, Vector Labs) using diaminobenzidine as a chromogen. The slides were counter-stained with hematoxylin, dehydrated in graded ethanol and xylene, and mounted with coverslips.

30 Microscopic interpretation. Immunostained specimens were graded for specific GLUT-1 staining without prior knowledge regarding the source of the specimen. The crite-

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ria for specific staining were inhibition of the signal by competition with the immunizing GLUT-1 peptide. Cellular GLUT-1 is known to be distributed between the plasma membrane and intracellular vesicles (Yang, J. et al., J. Biol. Chem. 267:10393-10399, 1992). The subcellular pattern of staining (peripheral vs. intracellular) and the intensity of staining (1+ to 4+) was also noted.

For correlation of GLUT-1 immunostaining results with routine cytologic diagnosis in thyroid, parallel slides were stained (Papanicolaou) and examined microscopically by the same blinded observer. Aspirates were assigned cytologic diagnosis of: a) benign, b) malignant or suspicious for malignancy, c) indeterminate, or d) inadequate specimen.

To confirm specificity parallel tissue sections were stained using antiserum that had been pre-incubated with the immunizing peptide. There were 31 benign cases (19 follicular adenoma, 1 Hurthle cell adenoma, 6 nodular goiter, 3 lymphocytic thyroiditis, 2 Graves' disease) and 23 cases of thyroid cancer (9 papillary, 4 follicular variant of papillary, 5 follicular, 1 Hurthle cell, 2 anaplastic, 2 medullary). Normal thyroid tissue adjacent to nodules showed no thyrocyte staining in any case. As expected, there was strong specific GLUT-1 staining in erythrocyte membranes and in perineurium. No GLUT-1 staining was seen in thyrocytes in benign nodular tissue, except for a single case of thyroiditis in which some foci of Hurthle cells showed weak staining. Among the thyroid cancers, 9/23 (39%) showed GLUT-1 staining in tumor cells. This included 6/13 cases of papillary carcinoma and its follicular variant, 1/5 cases of follicular carcinoma and 2/2 cases of anaplastic carcinoma. Tumor cell GLUT-1 staining was seen in two patterns: focal circumferential plasma membrane staining at the center of tumor cell nests, or asymmetric staining of the basilar aspect of tumor cells

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adjacent to stroma in some cases of papillary carcinoma.
We conclude that GLUT-1 protein is frequently overexpressed
in thyroid cancer. GLUT-1 immunostaining may be
potentially useful in the cytologic diagnosis of thyroid
5 nodules.

Example 2 - GLUT-1 Is a More Sensitive and Selective Marker
of Malignancy Than CEA in Body Cavity Effusions and Washes

In the present study, GLUT-1 was compared to EMA, CEA
and Leu-M1, three commonly used malignancy markers in
10 effusions.

Materials and Methods.

Cell blocks from 38 malignant and 42 benign effusions
or washes were immunostained with polyclonal anti-GLUT-1,
and monoclonal anti-CEA, -Leu-M1 and -EMA using standard
15 avidin-biotin methods.

GLUT-1 stained 35/38 malignant effusions (sites of
origin: ovary, endometrium, breast, stomach, esophagus,
gallbladder, lung (non-small cell), cervix, unknown
primary); false positivity in occasional cells occurred in
20 6/42 cases, however these cells were recognizable as benign
or reactive by morphology. GLUT-1 sensitivity was 92%,
specificity 86%. EMA stained all malignant effusions but
had false positivity in 45% of cases. CEA had sensitivity
of 82% and specificity of 74%, both lower than GLUT-1.
25 Leu-M1 had 100% specificity, but sensitivity was only 74%.
Unlike GLUT-1 staining, the ease of interpreting LeuM1 and
CEA staining was frequently compromised by staining of
leukocytes. In 11% of malignant cases, GLUT-1 was positive
when both CEA and Leu-M1 were negative. GLUT-1 was
30 superior to either CEA, Leu-M1 or both in 21 malignant
cases, and inferior in 7 such cases, as judged by large
differences in the percentage or intensity of positively
staining malignant cells.

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GLUT-1 immunostaining was more sensitive and more specific than CEA staining. Leu-M1 had high specificity and low sensitivity; EMA had high sensitivity and very low specificity. The addition of GLUT-1 to this panel of tumor markers enhanced the accuracy, ease of interpretation and reliability of tumor diagnosis in effusions.

Example 3 - GLUT-1 Immunostaining For Obtaining a Prognosis For an Individual With Colon Cancer

Formalin fixed archival colon cancer specimens were obtained from 112 colon cancers for whom long term clinical outcome with a mean follow-up of 7 years was known. The specimens were immunostained according to procedures described in Example 1. Most of the cancers, 90%, contained some degree of GLUT-1 immunostaining. The degree of staining was graded according to the percentage of tumor cells which stain for GLUT-1 as follows: the specimens were graded as less than 50% or greater than 50% staining. In the univariate analysis the mortality for colon cancer was greater in patients with greater than 50% staining: relative risk 2.4; p value .03. In a multivariate analysis including Dukes classification, the relative risk of death from colon cancer was 2.3 in the group with high GLUT-1 gluteone staining: p value = .07. This data shows the degree of GLUT-1 immunostaining of colon cancer identifies high risk and low risk of groups of patients.

A statistically insignificant number of patients had cancers which showed no immunostaining. These patients had high mortality rates. These data suggest that individuals having colon tumors with little or no GLUT-1 immunostaining may define another prognostic subgroup whose members have high mortality rates resulting from their tumors.

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Equivalents

Those skilled in the art will recognize, or be able to ascertain using no more than routine experimentation, many equivalents to the specific embodiments of the invention
5 described herein. Such equivalents are intended to be encompassed by the following claims.

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CLAIMS

What is claimed is:

1. A method of assessing malignancy in a sample of cells taken from an individual to be assessed for the presence of malignancy, wherein the degree of GLUT-1 expression in the sample is assessed and compared with the degree of GLUT-1 expression in an appropriate standard or control having a known GLUT-1 expression characteristic.
2. The method of Claim 1 wherein the method of assessing malignancy is a method of detecting malignancy in a body cavity effusion, comprising the steps of:
 - (a) preparing a cytologic preparation from a body cavity effusion, thereby obtaining a test preparation;
 - (b) assessing the level of GLUT-1 expression in the test preparation; and
 - (c) comparing the level of GLUT-1 expression in the test preparation with an appropriate control, wherein the control is the level of GLUT-1 expression in a cytological preparation from a benign body cavity effusion,wherein a higher level of GLUT-1 expression in the test preparation compared with the control is indicative of malignancy in the body cavity effusion.
3. The method of Claim 2 wherein the level of GLUT-1 expression in the test preparation is assessed by the steps of:
 - (a) contacting the test preparation with an antibody which binds transmembrane glucose transporter GLUT-1, under conditions appropriate for the

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antibody to bind transmembrane glucose transporter GLUT-1; and

- (b) assessing the level of antibody/transmembrane glucose transporter GLUT-1 binding in the test preparation.

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4. The method of Claim 3 wherein the level of antibody/GLUT-1 binding is assessed by contacting the test preparation with a reagent which causes staining of cell membranes in the presence of antibody/GLUT-1 binding and assessing the level of cell membrane staining, wherein the level of membrane staining is indicative of the level of antibody/GLUT-1 binding.

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5. The method of Claim 2 wherein the level of GLUT-1 expression in the test preparation is assessed by the steps of:

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- (a) contacting the test preparation with an antibody which binds transmembrane glucose transporter GLUT-1, under conditions appropriate for the antibody to bind transmembrane glucose transporter GLUT-1, whereby if GLUT-1 is present in the test preparation, an GLUT-1/antibody complex is formed;

20

- (b) incubating the test preparation with an agent which binds GLUT-1/antibody complex, under conditions appropriate for binding of the agent and GLUT-1/antibody complex to occur; and

25

- (c) determining the extent to which binding occurs in (b) between the agent and GLUT-1/antibody complex,

30

wherein the extent of binding determined in (c) is indicative of the level of GLUT-1 expression in the test preparation.

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6. The method of Claim 1 wherein the method of assessing malignancy is a method of distinguishing a benign body cavity effusion from a malignant body cavity effusion, comprising the steps of:
- 5 (a) preparing a cytologic preparation from a body cavity effusion, thereby obtaining a test preparation;
- 10 (b) contacting the test preparation with an antibody which binds transmembrane glucose transporter GLUT-1, under conditions appropriate for the antibody to bind transmembrane glucose transporter GLUT-1;
- (c) determining the extent of antibody/GLUT-1 binding in the test preparation; and
- 15 (d) comparing the extent of binding determined in (c) with an appropriate control, wherein the control is the level of antibody/GLUT-1 binding in a cytologic preparation from a benign body cavity effusion,
- 20 wherein the body cavity effusion is a malignant body cavity effusion if the level of antibody/GLUT-1 binding is greater in the test preparation than in the control.
7. The method of Claim 1 wherein the method of assessing malignancy is a method of distinguishing a benign
- 25 hyperplastic lymph node from a lymph node involved by a low grade follicular lymphoma, comprising the steps of:
- 30 (a) obtaining a tissue sample from a section of a lymph node suspected of being involved by a low grade follicular lymphoma;
- (b) assessing the level of GLUT-1 expression in the tissue sample;

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- (c) comparing the level of GLUT-1 expression in the tissue sample with an appropriate control, wherein the control is the level of GLUT-1 expression in a tissue sample obtained from a section of a benign hyperplastic lymph node, wherein a lower level of GLUT-1 in (b) compared with the control indicates that the tissue sample of (a) is involvement by follicular lymphoma.
- 5
8. The method of Claim 7 wherein the level of GLUT-1 expression in the tissue sample is determined by the following steps:
- 10
- (a) contacting the tissue sample with an antibody which binds GLUT-1 under conditions appropriate for the antibody to bind with GLUT-1, whereby an antibody/GLUT-1 complex is formed if GLUT-1 is present in the test preparation;
- 15
- (b) incubating the test preparation of (a) with an agent that binds GLUT-1/antibody complex under conditions appropriate for binding of the agent and GLUT-1/antibody complex to occur; and
- 20
- (c) detecting the extent to which binding occurs in (b) between the agent and complex, wherein the extent of binding is indicative of the level of GLUT-1 expression in the tissue sample.
- 25
9. The method of Claim 1 wherein the method of assessing malignancy is a method of distinguishing a benign tumor from a malignant tumor which overexpresses GLUT-1, comprising the steps of:
- (a) obtaining a tissue sample from a section of a tumor suspected of being malignant, thereby obtaining a test preparation;
- 30
- (b) assessing the level of GLUT-1 expression in the test preparation;

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- 5 (c) comparing the level of GLUT-1 expression in (b) with an appropriate control, wherein the control is the level of GLUT-1 expression in a tissue sample obtained from a section of non-malignant tissue from the same tissue type taken in step (a),

wherein a higher level of GLUT-1 expression in (b) compared with the control indicates that the tumor of (a) is involved by a malignant tumor.

- 10 10. The method of Claim 9 wherein the level of GLUT-1 expression in the test preparation is determined by the following steps:

- 15 (a) contacting the test preparation with an antibody which binds transmembrane glucose transporter GLUT-1, under conditions appropriate for the antibody to bind transmembrane glucose transporter GLUT-1; and
- 20 (b) assessing the level of antibody/transmembrane glucose transporter GLUT-1 binding in the test preparation.

- 25 11. The method of Claim 10 wherein the level of antibody/GLUT-1 binding is assessed by contacting the test preparation with a reagent which causes staining of cell membranes in the presence of antibody/GLUT-1 binding and assessing the level of cell membrane staining, wherein the level of membrane staining is indicative of the level of antibody/GLUT-1 binding.

- 30 12. The method of Claim 1 wherein the method of assessing malignancy is a method of aiding in determining a prognosis for an individual with a cancerous tumor which overexpresses GLUT-1 comprising the steps of:

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- (a) determining the degree of GLUT-1 expression in cells from a tissue sample obtained from the cancerous tumor;
- (b) correlating the degree of GLUT-1 expression in cells from the tissue sample with the clinical outcome of the individual.
13. The method of Claim 12 wherein the degree of GLUT-1 expression is determined by immunostaining.
14. The method of Claim 13 wherein the tumor is a colon tumor.
15. The method of Claim 14 wherein the individual is 2.4 times more likely to die from the colon tumor if more than about 50% of cells in the tissue sample immunostain positive for GLUT-1 than if less than about 50% of cells in the tissue sample immunostain positive for GLUT-1.
16. The method of Claim 12 wherein the tissue sample is obtained from a cancerous tumor selected from the group consisting of bladder tumors, lung tumors, head and neck tumors, cervical tumors, biliary tract tumors, pancreatic tumors, skin tumors, ovarian tumors, breast tumors and tumors of the endometrium.
17. A method of detecting malignancy in a body cavity effusion, comprising the steps of:
- (a) preparing a cytologic preparations from cells obtained from a body cavity effusion; and
- (b) assessing whether cells of the cytological preparation express GLUT-1,

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wherein the presence of GLUT-1 expression in cells of the cytological preparation is indicative of malignancy in the body cavity effusion.

18. The method of Claim 17 wherein immunostaining is used to assess GLUT-1 expression in cells of the cytological preparation and wherein the presence of cell membrane staining is indicative of GLUT-1 expression in cells of the cytological preparation.
19. A method of distinguishing a benign tumor from a malignant tumor which overexpresses GLUT-1 comprising the steps of:
- (a) obtaining a tissue sample from a section of a tumor suspected of being malignant; and
 - (b) assessing GLUT-1 expression in cells of the tissue sample,
- wherein the presence of GLUT-1 expression in cells of the tissue sample is indicative of a malignant tumor.
20. The method of Claim 19 wherein immunostaining is used to assess GLUT-1 expression in cells of the tissue sample and wherein the presence of cell membrane staining is indicative of GLUT-1 expression in cells of the tissue sample.
21. A method of distinguishing a benign hyperplastic lymph node from a lymph node involved by a low grade follicular lymphoma, comprising the steps of:
- (a) obtaining a tissue sample from a section of a lymph node suspected of being involved by a low grade follicular lymphoma; and
 - (b) assessing GLUT-1 expression in cells of the tissue sample,

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wherein the absence of GLUT-1 expression in cells of the cells of the tissue sample is indicative of involvement of the lymph node by a low grade follicular lymphoma.

- 5 22. The method of Claim 21 wherein immunostaining is used to assess GLUT-1 expression in cells of the tissue sample and wherein the absence of cell membrane staining is indicative of GLUT-1 expression in cells of the tissue sample.
- 10 23. A method of aiding in determining a prognosis for an individual with a cancerous tumor which overexpresses GLUT-1, comprising the steps of:
- 15 (a) determining the degree of GLUT-1 expression in cells from a tissue sample obtained from the cancerous tumor; and
- (b) determining whether the degree of GLUT-1 expression is above or below a threshold or thresholds which have been pre-determined to define different prognostic subgroups.
- 20 24. The method of Claim 23 wherein the degree of GLUT-1 expression is determined by immunostaining.
25. The method of Claim 24 wherein the cancerous tumor is a colon tumor.
- 25 26. The method of Claim 25 wherein the individual is 2.4 times more likely to die from the colon tumor if more than about 50% of cells in the tissue sample immunostain positive for GLUT-1 than if less than about 50% of cells in the tissue sample immunostain positive for GLUT-1.

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27. The method of Claim 23 wherein the tissue sample is
obtained from a cancerous tumor selected from the
group consisting of bladder tumors, lung tumors, head
and neck tumors, cervical tumors, ovarian tumors,
5 breast tumors and tumors of the endometrium.

INTERNATIONAL SEARCH REPORT

International Application No

PCT/US 96/09503

A. CLASSIFICATION OF SUBJECT MATTER
IPC 6 G01N33/574

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC 6 G01N

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	CANCER, vol. 72, no. 10, 15 November 1993, pages 2979-2985, XP000603988 R. S. BROWN ET AL.: "Overexpression of glut-1 glucose transporter in human breast cancer" see the whole document ---	1-27
X	THE JOURNAL OF NUCLEAR MEDICINE, vol. 36, no. 5, 1 May 1995, pages 211P-212P, XP000604257 D. KORNRUMPF ET AL.: "Overexpression of GLUT-1 glucose transporter in human pancreatic cancer. An immunohistological study." see the whole document --- -/--	1-27

☒ Further documents are listed in the continuation of box C.☐ Patent family members are listed in annex.

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INTERNATIONAL SEARCH REPORT

International Application No

PCT/US 96/09503

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	BIOCHEMICAL BIOPHYSICAL RESEARCH COMMUNICATIONS, vol. 170, no. 1, 16 July 1990, pages 223-230, XP002015406 T. YAMAMOTO ET AL.: "over-expression of facilitative glucose transporter genes in human cancer." cited in the application see the whole document ---	1-27
A	JOURNAL OF NEUROCHEMISTRY, vol. 61, 1 December 1993, pages 2048-2053, XP000604107 S. NAGAMATSU ET AL.: "Expression of facilitative glucose transporter isoforms in human brain tumors." ---	
P,X	GASTROENTEROLOGY, vol. 110, no. 4, 1 April 1996, page a528 XP000604016 T. HIGASHI ET AL.: "overexpression of glut-1 glucose transporter in human malignant pancreatic tumors. Immunohistochemical study of glut-1,2,3,4 and 5 glucose transporters." see the whole document ---	1-27
P,A	THE JOURNAL OF NUCLEAR MEDICINE, vol. 37, no. 6, June 1996, pages 1042-1047, XP000605048 R. S. BROWN ET AL.: "Intratumoral distribution of tritiated-FDG in breast carcinoma: correlation between glut-1 expression and FDG uptake." -----	